



Patient Education Solutions

**ExitCare Title List – ExitSports Med
Q2, 2011 Release - 304 titles**

Achilles Tendinitis, with Rehab-SportsMed
Achilles Tendon Rupture with Phase I Rehab-SportsMed
Achilles Tendon Rupture with Phase II Rehab-SportsMed
Achilles Tendon Rupture, Partial & Complete with Phase I Rehab-SportsMed
Achilles Tendon Rupture, Partial & Complete with Phase II Rehab-SportsMed
Acromioclavicular Separation with Rehab-SportsMed
Acromioclavicular Separation, Surgery for, with Rehab-SportsMed
Adductor Muscle Strain with Rehab-SportsMed
Altitude Sickness-SportsMed
Amino Acid Supplementation-SportsMed
Anabolic Steroids-SportsMed
Androstenedione-SportsMed
Ankle Exercises, Generic-SportsMed
Ankle Fracture with Rehab-SportsMed
Ankle Instability, Chronic with Rehab-SportsMed
Ankle Instability, Chronic, Surgery for with Rehab-SportsMed
Ankle Sprain, Acute, with Phase I Rehab-SportsMed
Ankle Sprain, Acute, with Phase II Rehab-SportsMed
Anterior Ankle Impingement with Rehab-SportsMed
Anterior Cruciate Ligament Tear with Rehab-SportsMed
Anterior Cruciate Ligament Tear, Surgery for, with Phase I Rehab-SportsMed
Anterior Cruciate Ligament Tear, Surgery for, with Phase II Rehab-SportsMed
Anterior Interosseous Nerve Syndrome-SportsMed
Anterior Tarsal Tunnel Syndrome, with Rehab-SportsMed
Apophysitis, Iliac, with Rehab-SportsMed
Arrhythmogenic Right Ventricular Dysplasia-SportsMed
Arthroscopy-SportsMed
Athlete's Foot-SportsMed
Athletic Amenorrhea-SportsMed
Avulsion Fractures of the Anterior Inferior Iliac Spine (AIIS)-SportsMed
Avulsion Fractures of the Anterior Superior Iliac Spine (ASIS)-SportsMed
Avulsion Fractures of the Ischial Tuberosity of the Pelvis-SportsMed
Axillary Nerve Injury with Rehab-SportsMed
Back Exercises, Generic, SportsMed
Barotitis Media-SportsMed
Bennett's Fracture-Dislocation-SportsMed
Biceps Tendon Disruption (Distal) with Rehab-SportsMed
Biceps Tendon Disruption (Distal), Surgery for with Rehab-SportsMed
Biceps Tendon Disruption (Proximal) with Rehab-SportsMed
Biceps Tendon Subluxation-SportsMed
Biceps Tendon Tendinitis (Distal) with Rehab-SportsMed
Biceps Tendon Tendinitis (Proximal) and Tenosynovitis with Rehab-SportsMed
Birth Control and Sports-SportsMed
Blocker's Exostosis-SportsMed
Blood Doping, Erythropoietin-SportsMed
Boxer's Fracture-SportsMed
Boxer's Knuckle-SportsMed
Brachialis-Anterior Capsular Elbow Strain with Rehab-SportsMed
Bunion (Hallux Valgus)-SportsMed
Burners/Stingers with Rehab-SportsMed
Bursitis-SportsMed
Caffeine-SportsMed
Carpal Tunnel Syndrome-SportsMed
Cast Care-SportsMed
Cerumen Impaction-SportsMed
Cervical Strain and Sprain with Rehab-SportsMed
Chondral Injury-SportsMed
Chromium Picolinate-SportsMed
Clavicle Fracture (Distal End) with Rehab-SportsMed
Clavicle Fracture (Shaft) with Rehab-SportsMed
Clavicular Osteolysis-SportsMed
Clenbuterol-SportsMed
Cocaine-SportsMed
Combined Knee Ligament Sprain-SportsMed
Common Peroneal Nerve Entrapment with Rehab-SportsMed
Compartment Syndrome-SportsMed
Concussion-SportsMed
Congenital Cervical Stenosis-SportsMed

Contusions-SportsMed
Corns and Calluses-SportsMed
Creatine-SportsMed
Cubital Tunnel Syndrome-SportsMed
De Quervain's Tenosynovitis-SportsMed
Dehydration-SportsMed
Deltoid Disruption-SportsMed
Diabetes and Exercise-SportsMed
Discoid Meniscus with Rehab-SportsMed
Dislocation or Subluxation-SportsMed
Drug Abuse and Addiction-SportsMed
Eating Disorders- Anorexia and Bulimia-
SportsMed
Effort Thrombosis-SportsMed
Elbow Dislocation with Rehab-SportsMed
Elbow Exercises, Generic-SportsMed
Elbow Fracture, Distal Humerus with Rehab-
SportsMed
Elbow Fracture, Epicondyle with Rehab-
SportsMed
Elbow Fracture, Radial Head with Rehab-
SportsMed
Ephedrine (Ma-Huang)-SportsMed
Epicondylitis, Lateral (Tennis Elbow) with Rehab-
SportsMed
Epicondylitis, Medial (Golfer's Elbow) with Rehab-
SportsMed
Epidural Hemorrhage-SportsMed
Excessive Lateral Patellar Compression
Syndrome, with Rehab-SportsMed
Exercise During Pregnancy-SportsMed
Exercise-Induced Asthma-SportsMed
Exercise-Induced Bronchospasm-SportsMed
Exercise-Induced Urticaria-SportsMed
Exertional (Chronic) Compartment Syndrome with
Rehab-SportsMed
Extensor Carpi Ulnaris Instability-SportsMed
Extensor Carpi Ulnaris Tendinitis with Rehab-
SportsMed
Extensor Pollicis Longus Tendinitis-SportsMed
Eye Contusion-SportsMed
Eye Foreign Body-SportsMed
Facet Syndrome-SportsMed
Femoral Neck (Hip) Stress Fracture-SportsMed
Femoral Shaft Stress Fracture-SportsMed
Femur Fracture-SportsMed
Fibular Fracture with Rehab-SportsMed
Finger Dislocation-SportsMed
Finger Fracture (Phalangeal)-SportsMed
Finger Sprain-SportsMed
Flexor Carpi Ulnaris and Flexor Carpi Radialis
Tendinitis, with Rehab-SportsMed
Folliculitis-SportsMed
Footstrike Hemolysis (March Hemoglobinuria)-
SportsMed
Forearm Fracture, with Rehab-SportsMed

Fracture-SportsMed
Frostbite-SportsMed
Gamma Hydroxybutyrate-SportsMed
Ginseng-SportsMed
Glucosamine-SportsMed
Gluteus Medius Syndrome with Rehab-SportsMed
Gracilis Syndrome with Rehab-SportsMed
Growth Hormone-SportsMed
Guyon's Tunnel Syndrome, Cyclist's Palsy-
SportsMed
Hallux Rigidus-SportsMed
Hamate (Hook) Fracture-SportsMed
Hamstring Strain with Rehab-SportsMed
Hamstring Syndrome with Rehab-SportsMed
Hand Hematoma-SportsMed
Head Injury-SportsMed
Heat Illness-SportsMed
Heel Compression Syndrome with Rehab-
SportsMed
Herniated Disk with Rehab-SportsMed
Herpes Simplex Virus-SportsMed
Hip Dislocation-SportsMed
Hip Exercises, Generic, SportsMed
Hip Fracture-SportsMed
Hip Pointer (Iliac Crest Contusion)-SportsMed
HIV Infection and Aids-SportsMed
Hoffa's Disease (Infrapatellar Fat Pad Syndrome)
with Rehab-SportsMed
Humerus Fracture (Thrower's Fracture) with
Rehab-SportsMed
Hypertension (High Blood Pressure)-SportsMed
Hypertrophic Cardiomyopathy-SportsMed
Hypothermia-SportsMed
Iliotibial Band Syndrome with Rehab-SportsMed
Imaging Studies-SportsMed
Impingement Syndrome, Rotator Cuff, Bursitis
with Rehab-SportsMed
Impingement Syndrome, Surgery for, Subacromial
Decompression-SportsMed
Infectious Mononucleosis-SportsMed
Ingrown Toenails-SportsMed
Intermetacarpal Sprain-SportsMed
Intersection Syndrome-SportsMed
Jersey Finger, Flexor Digitorum Profundus
Rupture-SportsMed
Kienbock's Disease-SportsMed
Knee Dislocation-SportsMed
Knee Exercises, Generic, SportsMed
Lateral Collateral Knee Ligament Sprain with
Phase I Rehab-SportsMed
Lateral Collateral Knee Ligament Sprain with
Phase II Rehab-SportsMed
Lateral Plantar Nerve Entrapment with Rehab-
SportsMed
Lisfranc's Fracture-Dislocation and Mid-Foot
Sprain with Rehab-SportsMed

Little Leaguer's Elbow (Medial Epicondylar Apophysitis) with Rehab-SportsMed
 Low Back Sprain with Rehab-SportsMed
 Low Back Strain with Rehab-SportsMed
 Mallet Finger-SportsMed
 Medial Collateral Knee Ligament Sprain with Phase I Rehab-SportsMed
 Medial Collateral Knee Ligament Sprain with Phase II Rehab-SportsMed
 Medial Head Gastrocnemius Tear (Tennis Leg) with Rehab-SportsMed
 Medial Plantar Nerve Entrapment, Jogger's Foot with Rehab-SportsMed
 Medial Tibial Stress Syndrome, Shin Splints with Rehab-SportsMed
 Meniscal Cyst-SportsMed
 Meniscus Tear with Phase I Rehab-SportsMed
 Meniscus Tear with Phase II Rehab-SportsMed
 Meniscus Tear, Surgery For with Phase I Rehab-SportsMed
 Meniscus Tear, Surgery for with Phase II Rehab-SportsMed
 Metacarpal Fracture-SportsMed
 Metatarsal Fracture with Rehab-SportsMed
 Metatarsal Stress Fracture-SportsMed
 Methylphenidate-SportsMed
 Mid - Back Strain with Rehab-SportsMed
 Middle Ear Infection (Otitis Media)-SportsMed
 Mitral Valve Prolapse-SportsMed
 Morton's Neuroma (Interdigital Plantar Neuroma)-SportsMed
 Myocardial Infarction in Athletes-SportsMed
 Myositis Ossificans-SportsMed
 Nonsteroidal Anti-Inflammatory Medications-SportsMed
 Olecranon Bursitis with Rehab-SportsMed
 Oral Corticosteroids-SportsMed
 Os Acromionale with Rehab-SportsMed
 Osgood-Schlatter Disease with Rehab-SportsMed
 Osteitis Pubis with Rehab-SportsMed
 Osteochondral Fracture-SportsMed
 Osteochondritis Dissecans-SportsMed
 Outpatient Surgery-SportsMed
 Overtraining-SportsMed
 Patellar Dislocation and Subluxation with Phase I Rehab-SportsMed
 Patellar Dislocation and Subluxation with Phase II Rehab-SportsMed
 Patellar Dislocation and Subluxation, Surgery for with Phase I Rehab-SportsMed
 Patellar Dislocation and Subluxation, Surgery for with Phase II Rehab-SportsMed
 Patellar Fracture with Rehab-SportsMed
 Patellar Tendinitis, Jumper's Knee with Rehab-SportsMed

Patellar Tendon Tear/Disruption with Rehab-SportsMed
 Pectoralis Major Rupture with Rehab-SportsMed
 Peroneal Tendinitis with Rehab-SportsMed
 Peroneal Tendon Rupture-SportsMed
 Peroneal Tendon Subluxation and Dislocation with Rehab-SportsMed
 Pes Anserinus Syndrome with Rehab-SportsMed
 Physeal Injuries, Growth Plate Injuries-SportsMed
 Piriformis Syndrome with Rehab-SportsMed
 Plantar Fasciitis (Heel Spur Syndrome) with Rehab-SportsMed
 Plica Syndrome with Rehab-SportsMed
 Popliteus Tendinitis with Rehab-SportsMed
 Posterior Ankle Impingement and Posterior Process with Rehab-SportsMed
 Posterior Cruciate Ligament Tear with Phase I Rehab-SportsMed
 Posterior Cruciate Ligament Tear with Phase II Rehab-SportsMed
 Posterior Tibial Tendon Rupture with Rehab-SportsMed
 Posterior Tibial Tendon Tendinitis with Rehab-SportsMed
 Posterolateral Rotatory Instability of The Elbow with Rehab-SportsMed
 Pre-Exercise Meal-SportsMed
 Prepatellar Bursitis with Rehab-SportsMed
 Pronator Syndrome with Rehab-SportsMed
 Protein Supplement Powders-SportsMed
 Proximal Tibiofibular Joint Dislocation-SportsMed
 Pyruvate-SportsMed
 Quadriceps Contusion with Rehab-SportsMed
 Quadriceps Strain with Rehab-SportsMed
 Quadriceps Tendon Tear, Disruption with Rehab-SportsMed
 Quadrilateral Space Syndrome-SportsMed
 Radial Tunnel Syndrome (Radial (Posterior Interosseous) Nerve) with Rehab-SportsMed
 Radius Fracture with Rehab-SportsMed
 Rashes-SportsMed
 Rotator Cuff Tear, Surgery For with Rehab-SportsMed
 Rotator Cuff Tear-SportsMed
 Runner's Trots-SportsMed
 Saphenous Nerve Entrapment with Rehab-SportsMed
 Scaphoid Fracture-SportsMed
 Scapular Winging with Rehab-SportsMed
 Sciatica with Rehab-SportsMed
 Secondary Impingement Syndrome with Rehab-SportsMed
 Semimembranosus Tendinitis with Rehab-SportsMed
 Sesamoid Injury-SportsMed
 Sexually Transmitted Diseases-SportsMed

Shoulder Exercises, Generic, SportsMed
Shoulder Fracture (Proximal Humerus or Glenoid)-SportsMed
Shoulder Instability, Anterior with Rehab-SportsMed
Shoulder Instability, Anterior, Surgery For with Phase I Rehab-SportsMed
Shoulder Instability, Anterior, Surgery for with Phase II Rehab-SportsMed
Shoulder Instability, Anterior, Surgery for with Phase III Rehab-SportsMed
Shoulder Instability, Multidirectional with Rehab-SportsMed
Shoulder Instability, Multidirectional, Surgery For with Phase I Rehab-SportsMed
Shoulder Instability, Multidirectional, Surgery For with Phase II Rehab-SportsMed
Shoulder Instability, Posterior with Rehab-SportsMed
Shoulder Instability, Posterior, Surgery For with Phase I Rehab-SportsMed
Shoulder Instability, Posterior, Surgery For with Phase II Rehab-SportsMed
Sickle Cell Disease-SportsMed
Sinding-Larsen-Johansson Syndrome with Rehab-SportsMed
Slap Lesions with Rehab-SportsMed
Snapping Hip Syndrome with Rehab-SportsMed
Snapping Scapula-SportsMed
Sodium Bicarbonate-SportsMed
Spear Tackler's Spine with Rehab-SportsMed
Spondylolisthesis with Rehab-SportsMed
Spondylolysis with Rehab-SportsMed
Sports Anemia-SportsMed
Sports Drinks-SportsMed
Sprain-SportsMed
Sternoclavicular Separation-SportsMed
Strain-SportsMed
Stress Fracture-SportsMed
Subdural Hematoma-SportsMed
Subscapularis Disruption with Rehab-SportsMed
Subtalar Dislocation with Phase I Rehab-SportsMed

Subtalar Dislocation with Phase II Rehab-SportsMed
Subtalar Instability with Rehab-SportsMed
Subungual Hematoma-SportsMed
Superficial Peroneal Nerve Entrapment with Rehab-SportsMed
Suprascapular Nerve Entrapment with Rehab-SportsMed
Tarsal Coalition-SportsMed
Tarsal Fracture with Rehab-SportsMed
Tarsal Tunnel Syndrome with Rehab-SportsMed
Tendinitis and Tenosynovitis-SportsMed
Thoracic Outlet Syndrome with Rehab-SportsMed
Tibial Collateral Ligament Bursitis with Rehab-SportsMed
Tibial Eminence Fracture-SportsMed
Tibial Plateau Fracture with Rehab-SportsMed
Tibial Shaft Fracture with Rehab-SportsMed
Tibial Stress Fracture-SportsMed
Tibial Tubercle Avulsion Fracture-SportsMed
Toe Fracture with Rehab-SportsMed
Trapezius Palsy with Rehab-SportsMed
Triangular Fibrocartilage Tears with Rehab-SportsMed
Triceps Tendinitis with Rehab-SportsMed
Triceps Tendon Rupture with Rehab-SportsMed
Turf Toe with Rehab-SportsMed
Tympanic Membrane Perforation-SportsMed
Ulna Fracture with Rehab-SportsMed
Ulnar Collateral Ligament Injury Of The Elbow with Rehab-SportsMed
Ulnar Collateral Ligament Injury of the Thumb-SportsMed
Ulnar Nerve Contusion with Rehab-SportsMed
Ulnocarpal Impaction Syndrome-SportsMed
Valgus Extension Overload Syndrome (Veos) with Rehab-SportsMed
Viral Hepatitis-SportsMed
Wrist Dislocation, Lunate-SportsMed
Wrist Epiphysitis with Rehab-SportsMed
Wrist Exercises, Generic-SportsMed
Wrist Fracture with Rehab-SportsMed
Wrist Sprain with Rehab-SportsMed