



*Patient Education Solutions*

**ExitCare Title List – ExitSports Medicine  
Q1, 2011 Release - 304 titles**

Achilles Tendinitis, with Rehab-SportsMed  
Achilles Tendon Rupture with Phase I Rehab-SportsMed  
Achilles Tendon Rupture with Phase II Rehab-SportsMed  
Achilles Tendon Rupture, Partial & Complete with Phase I Rehab-SportsMed  
Achilles Tendon Rupture, Partial & Complete with Phase II Rehab-SportsMed  
Acromioclavicular Separation with Rehab-SportsMed  
Acromioclavicular Separation, Surgery for, with Rehab-SportsMed  
Adductor Muscle Strain with Rehab-SportsMed  
Altitude Sickness-SportsMed  
Amino Acid Supplementation-SportsMed  
Anabolic Steroids-SportsMed  
Androstenedione-SportsMed  
Ankle Exercises, Generic-SportsMed  
Ankle Fracture with Rehab-SportsMed  
Ankle Instability, Chronic with Rehab-SportsMed  
Ankle Instability, Chronic, Surgery for with Rehab-SportsMed  
Ankle Sprain, Acute, with Phase I Rehab-SportsMed  
Ankle Sprain, Acute, with Phase II Rehab-SportsMed  
Anterior Ankle Impingement with Rehab-SportsMed  
Anterior Cruciate Ligament Tear with Rehab-SportsMed  
Anterior Cruciate Ligament Tear, Surgery for, with Phase I Rehab-SportsMed  
Anterior Cruciate Ligament Tear, Surgery for, with Phase II Rehab-SportsMed  
Anterior Interosseous Nerve Syndrome-SportsMed  
Anterior Tarsal Tunnel Syndrome, with Rehab-SportsMed  
Apophysitis, Iliac, with Rehab-SportsMed  
Arrhythmogenic Right Ventricular Dysplasia-SportsMed  
Arthroscopy-SportsMed  
Athlete's Foot-SportsMed  
Athletic Amenorrhea-SportsMed  
Avulsion Fractures of the Anterior Inferior Iliac Spine (AIIS)-SportsMed  
Avulsion Fractures of the Anterior Superior Iliac Spine (ASIS)-SportsMed  
Avulsion Fractures of the Ischial Tuberosity of the Pelvis-SportsMed  
Axillary Nerve Injury with Rehab-SportsMed  
Back Exercises, Generic, SportsMed  
Barotitis Media-SportsMed  
Bennett's Fracture-Dislocation-SportsMed  
Biceps Tendon Disruption (Distal) with Rehab-SportsMed  
Biceps Tendon Disruption (Distal), Surgery for with Rehab-SportsMed  
Biceps Tendon Disruption (Proximal) with Rehab-SportsMed  
Biceps Tendon Subluxation-SportsMed  
Biceps Tendon Tendinitis (Distal) with Rehab-SportsMed  
Biceps Tendon Tendinitis (Proximal) and Tenosynovitis with Rehab-SportsMed  
Birth Control and Sports-SportsMed  
Blocker's Exostosis-SportsMed  
Blood Doping, Erythropoietin-SportsMed  
Boxer's Fracture-SportsMed  
Boxer's Knuckle-SportsMed  
Brachialis-Anterior Capsular Elbow Strain with Rehab-SportsMed  
Bunion (Hallux Valgus)-SportsMed  
Burners/Stingers with Rehab-SportsMed  
Bursitis-SportsMed  
Caffeine-SportsMed  
Carpal Tunnel Syndrome-SportsMed  
Cast Care-SportsMed  
Cerumen Impaction-SportsMed  
Cervical Strain and Sprain with Rehab-SportsMed  
Chondral Injury-SportsMed  
Chromium Picolinate-SportsMed  
Clavicle Fracture (Distal End) with Rehab-SportsMed  
Clavicle Fracture (Shaft) with Rehab-SportsMed  
Clavicular Osteolysis-SportsMed  
Clenbuterol-SportsMed  
Cocaine-SportsMed  
Combined Knee Ligament Sprain-SportsMed  
Common Peroneal Nerve Entrapment with Rehab-SportsMed  
Compartment Syndrome-SportsMed  
Concussion-SportsMed

Congenital Cervical Stenosis-SportsMed  
 Contusions-SportsMed  
 Corns and Calluses-SportsMed  
 Creatine-SportsMed  
 Cubital Tunnel Syndrome-SportsMed  
 De Quervain's Tenosynovitis-SportsMed  
 Dehydration-SportsMed  
 Deltoid Disruption-SportsMed  
 Diabetes and Exercise-SportsMed  
 Discoid Meniscus with Rehab-SportsMed  
 Dislocation or Subluxation-SportsMed  
 Drug Abuse and Addiction-SportsMed  
 Eating Disorders- Anorexia and Bulimia-  
 SportsMed  
 Effort Thrombosis-SportsMed  
 Elbow Dislocation with Rehab-SportsMed  
 Elbow Exercises, Generic-SportsMed  
 Elbow Fracture, Distal Humerus with Rehab-  
 SportsMed  
 Elbow Fracture, Epicondyle with Rehab-  
 SportsMed  
 Elbow Fracture, Radial Head with Rehab-  
 SportsMed  
 Ephedrine (Ma-Huang)-SportsMed  
 Epicondylitis, Lateral (Tennis Elbow) with  
 Rehab-SportsMed  
 Epicondylitis, Medial (Golfer's Elbow) with  
 Rehab-SportsMed  
 Epidural Hemorrhage-SportsMed  
 Excessive Lateral Patellar Compression  
 Syndrome (Chondromalacia Patella), with  
 Rehab-SportsMed  
 Exercise During Pregnancy-SportsMed  
 Exercise-Induced Asthma-SportsMed  
 Exercise-Induced Bronchospasm-SportsMed  
 Exercise-Induced Urticaria-SportsMed  
 Exertional (Chronic) Compartment Syndrome  
 with Rehab-SportsMed  
 Extensor Carpi Ulnaris Instability-SportsMed  
 Extensor Carpi Ulnaris Tendinitis with Rehab-  
 SportsMed  
 Extensor Pollicis Longus Tendinitis-SportsMed  
 Eye Contusion-SportsMed  
 Eye Foreign Body-SportsMed  
 Facet Syndrome-SportsMed  
 Femoral Neck (Hip) Stress Fracture-SportsMed  
 Femoral Shaft Stress Fracture-SportsMed  
 Femur Fracture-SportsMed  
 Fibular Fracture with Rehab-SportsMed  
 Finger Dislocation-SportsMed  
 Finger Fracture (Phalangeal)-SportsMed  
 Finger Sprain-SportsMed  
 Flexor Carpi Ulnaris and Flexor Carpi Radialis  
 Tendinitis, with Rehab-SportsMed  
 Folliculitis-SportsMed  
 Footstrike Hemolysis (March Hemoglobinuria)-  
 SportsMed  
 Forearm Fracture, with Rehab-SportsMed  
 Fracture-SportsMed  
 Frostbite-SportsMed  
 Gamma Hydroxybutyrate-SportsMed  
 Ginseng-SportsMed  
 Glucosamine-SportsMed  
 Gluteus Medius Syndrome with Rehab-  
 SportsMed  
 Gracilis Syndrome with Rehab-SportsMed  
 Growth Hormone-SportsMed  
 Guyon's Tunnel Syndrome, Cyclist's Palsy-  
 SportsMed  
 Hallux Rigidus-SportsMed  
 Hamate (Hook) Fracture-SportsMed  
 Hamstring Strain with Rehab-SportsMed  
 Hamstring Syndrome with Rehab-SportsMed  
 Hand Hematoma-SportsMed  
 Head Injury-SportsMed  
 Heat Illness-SportsMed  
 Heel Compression Syndrome with Rehab-  
 SportsMed  
 Herniated Disk with Rehab-SportsMed  
 Herpes Simplex Virus-SportsMed  
 Hip Dislocation-SportsMed  
 Hip Exercises, Generic, SportsMed  
 Hip Fracture-SportsMed  
 Hip Pointer (Iliac Crest Contusion)-SportsMed  
 HIV Infection and Aids-SportsMed  
 Hoffa's Disease (Infrapatellar Fat Pad  
 Syndrome) with Rehab-SportsMed  
 Humerus Fracture (Thrower's Fracture) with  
 Rehab-SportsMed  
 Hypertension (High Blood Pressure)-SportsMed  
 Hypertrophic Cardiomyopathy-SportsMed  
 Hypothermia-SportsMed  
 Iliotibial Band Syndrome with Rehab-SportsMed  
 Imaging Studies-SportsMed  
 Impingement Syndrome, Rotator Cuff, Bursitis  
 with Rehab-SportsMed  
 Impingement Syndrome, Surgery for,  
 Subacromial Decompression-SportsMed  
 Infectious Mononucleosis-SportsMed  
 Ingrown Toenails-SportsMed  
 Intermetacarpal Sprain-SportsMed  
 Intersection Syndrome-SportsMed  
 Jersey Finger, Flexor Digitorum Profundus  
 Rupture-SportsMed  
 Kienbock's Disease-SportsMed  
 Knee Dislocation-SportsMed  
 Knee Exercises, Generic, SportsMed  
 Lateral Collateral Knee Ligament Sprain with  
 Phase I Rehab-SportsMed  
 Lateral Collateral Knee Ligament Sprain with  
 Phase II Rehab-SportsMed

Lateral Plantar Nerve Entrapment with Rehab-SportsMed  
 Lisfranc's Fracture-Dislocation and Mid-Foot Sprain with Rehab-SportsMed  
 Little Leaguer's Elbow (Medial Epicondylar Apophysitis) with Rehab-SportsMed  
 Low Back Sprain with Rehab-SportsMed  
 Low Back Strain with Rehab-SportsMed  
 Mallet Finger-SportsMed  
 Medial Collateral Knee Ligament Sprain with Phase I Rehab-SportsMed  
 Medial Collateral Knee Ligament Sprain with Phase II Rehab-SportsMed  
 Medial Head Gastrocnemius Tear (Tennis Leg) with Rehab-SportsMed  
 Medial Plantar Nerve Entrapment, Jogger's Foot with Rehab-SportsMed  
 Medial Tibial Stress Syndrome, Shin Splints with Rehab-SportsMed  
 Meniscal Cyst-SportsMed  
 Meniscus Tear with Phase I Rehab-SportsMed  
 Meniscus Tear with Phase II Rehab-SportsMed  
 Meniscus Tear, Surgery For with Phase I Rehab-SportsMed  
 Meniscus Tear, Surgery for with Phase II Rehab-SportsMed  
 Metacarpal Fracture-SportsMed  
 Metatarsal Fracture with Rehab-SportsMed  
 Metatarsal Stress Fracture-SportsMed  
 Methylphenidate-SportsMed  
 Mid - Back Strain with Rehab-SportsMed  
 Middle Ear Infection (Otitis Media)-SportsMed  
 Mitral Valve Prolapse-SportsMed  
 Morton's Neuroma (Interdigital Plantar Neuroma)-SportsMed  
 Myocardial Infarction in Athletes-SportsMed  
 Myositis Ossificans-SportsMed  
 Nonsteroidal Anti-Inflammatory Medications-SportsMed  
 Olecranon Bursitis with Rehab-SportsMed  
 Oral Corticosteroids-SportsMed  
 Os Acromionale with Rehab-SportsMed  
 Osgood-Schlatter Disease with Rehab-SportsMed  
 Osteitis Pubis with Rehab-SportsMed  
 Osteochondral Fracture-SportsMed  
 Osteochondritis Dissecans-SportsMed  
 Outpatient Surgery-SportsMed  
 Overtraining-SportsMed  
 Patellar Dislocation and Subluxation with Phase I Rehab-SportsMed  
 Patellar Dislocation and Subluxation with Phase II Rehab-SportsMed  
 Patellar Dislocation and Subluxation, Surgery for with Phase I Rehab-SportsMed  
 Patellar Dislocation and Subluxation, Surgery for with Phase II Rehab-SportsMed  
 Patellar Fracture with Rehab-SportsMed  
 Patellar Tendinitis, Jumper's Knee with Rehab-SportsMed  
 Patellar Tendon Tear/Disruption with Rehab-SportsMed  
 Pectoralis Major Rupture with Rehab-SportsMed  
 Peroneal Tendinitis with Rehab-SportsMed  
 Peroneal Tendon Rupture-SportsMed  
 Peroneal Tendon Subluxation and Dislocation with Rehab-SportsMed  
 Pes Anserinus Syndrome with Rehab-SportsMed  
 Physeal Injuries, Growth Plate Injuries-SportsMed  
 Piriformis Syndrome with Rehab-SportsMed  
 Plantar Fasciitis (Heel Spur Syndrome) with Rehab-SportsMed  
 Plica Syndrome with Rehab-SportsMed  
 Popliteus Tendinitis with Rehab-SportsMed  
 Posterior Ankle Impingement and Posterior Process with Rehab-SportsMed  
 Posterior Cruciate Ligament Tear with Phase I Rehab-SportsMed  
 Posterior Cruciate Ligament Tear with Phase II Rehab-SportsMed  
 Posterior Tibial Tendon Rupture with Rehab-SportsMed  
 Posterior Tibial Tendon Tendinitis with Rehab-SportsMed  
 Posterolateral Rotatory Instability of The Elbow with Rehab-SportsMed  
 Pre-Exercise Meal-SportsMed  
 Prepatellar Bursitis with Rehab-SportsMed  
 Pronator Syndrome with Rehab-SportsMed  
 Protein Supplement Powders-SportsMed  
 Proximal Tibiofibular Joint Dislocation-SportsMed  
 Pyruvate-SportsMed  
 Quadriceps Contusion with Rehab-SportsMed  
 Quadriceps Strain with Rehab-SportsMed  
 Quadriceps Tendon Tear, Disruption with Rehab-SportsMed  
 Quadrilateral Space Syndrome-SportsMed  
 Radial Tunnel Syndrome (Radial (Posterior Interosseous) Nerve) with Rehab-SportsMed  
 Radius Fracture with Rehab-SportsMed  
 Rashes-SportsMed  
 Rotator Cuff Tear, Surgery For with Rehab-SportsMed  
 Rotator Cuff Tear-SportsMed  
 Runner's Trots-SportsMed  
 Saphenous Nerve Entrapment with Rehab-SportsMed  
 Scaphoid Fracture-SportsMed

Scapular Winging with Rehab-SportsMed  
 Sciatica with Rehab-SportsMed  
 Secondary Impingement Syndrome with Rehab-SportsMed  
 Semimembranosus Tendinitis with Rehab-SportsMed  
 Sesamoid Injury-SportsMed  
 Sexually Transmitted Diseases-SportsMed  
 Shoulder Exercises, Generic, SportsMed  
 Shoulder Fracture (Proximal Humerus or Glenoid)-SportsMed  
 Shoulder Instability, Anterior with Rehab-SportsMed  
 Shoulder Instability, Anterior, Surgery For with Phase I Rehab-SportsMed  
 Shoulder Instability, Anterior, Surgery for with Phase II Rehab-SportsMed  
 Shoulder Instability, Anterior, Surgery for with Phase III Rehab-SportsMed  
 Shoulder Instability, Multidirectional with Rehab-SportsMed  
 Shoulder Instability, Multidirectional, Surgery For with Phase I Rehab-SportsMed  
 Shoulder Instability, Multidirectional, Surgery For with Phase II Rehab-SportsMed  
 Shoulder Instability, Posterior with Rehab-SportsMed  
 Shoulder Instability, Posterior, Surgery For with Phase I Rehab-SportsMed  
 Shoulder Instability, Posterior, Surgery For with Phase II Rehab-SportsMed  
 Sickle Cell Disease-SportsMed  
 Sinding-Larsen-Johansson Syndrome with Rehab-SportsMed  
 Slap Lesions with Rehab-SportsMed  
 Snapping Hip Syndrome with Rehab-SportsMed  
 Snapping Scapula-SportsMed  
 Sodium Bicarbonate-SportsMed  
 Spear Tackler's Spine with Rehab-SportsMed  
 Spondylolisthesis with Rehab-SportsMed  
 Spondylolysis with Rehab-SportsMed  
 Sports Anemia-SportsMed  
 Sports Drinks-SportsMed  
 Sprain-SportsMed  
 Sternoclavicular Separation-SportsMed  
 Strain-SportsMed  
 Stress Fracture-SportsMed  
 Subdural Hematoma-SportsMed  
 Subscapularis Disruption with Rehab-SportsMed  
 Subtalar Dislocation with Phase I Rehab-SportsMed  
 Subtalar Dislocation with Phase II Rehab-SportsMed  
 Subtalar Instability with Rehab-SportsMed  
 Subungual Hematoma-SportsMed  
 Superficial Peroneal Nerve Entrapment with Rehab-SportsMed  
 Suprascapular Nerve Entrapment with Rehab-SportsMed  
 Tarsal Coalition-SportsMed  
 Tarsal Fracture with Rehab-SportsMed  
 Tarsal Tunnel Syndrome with Rehab-SportsMed  
 Tendinitis and Tenosynovitis-SportsMed  
 Thoracic Outlet Syndrome with Rehab-SportsMed  
 Tibial Collateral Ligament Bursitis with Rehab-SportsMed  
 Tibial Eminence Fracture-SportsMed  
 Tibial Plateau Fracture with Rehab-SportsMed  
 Tibial Shaft Fracture with Rehab-SportsMed  
 Tibial Stress Fracture-SportsMed  
 Tibial Tubercle Avulsion Fracture-SportsMed  
 Toe Fracture with Rehab-SportsMed  
 Trapezius Palsy with Rehab-SportsMed  
 Triangular Fibrocartilage Tears with Rehab-SportsMed  
 Triceps Tendinitis with Rehab-SportsMed  
 Triceps Tendon Rupture with Rehab-SportsMed  
 Turf Toe with Rehab-SportsMed  
 Tympanic Membrane Perforation-SportsMed  
 Ulna Fracture with Rehab-SportsMed  
 Ulnar Collateral Ligament Injury Of The Elbow with Rehab-SportsMed  
 Ulnar Collateral Ligament Injury of the Thumb-SportsMed  
 Ulnar Nerve Contusion with Rehab-SportsMed  
 Ulnocarpal Impaction Syndrome-SportsMed  
 Valgus Extension Overload Syndrome (Veos) with Rehab-SportsMed  
 Viral Hepatitis-SportsMed  
 Wrist Dislocation, Lunate-SportsMed  
 Wrist Epiphysitis with Rehab-SportsMed  
 Wrist Exercises, Generic-SportsMed  
 Wrist Fracture with Rehab-SportsMed  
 Wrist Sprain with Rehab-SportsMed