



*Patient Information System*

### **ExitLabs™**

Many patients are confused by laboratory results. They desire information on the test itself, normal ranges and the significance of the results. ExitLabs™ contains information on over 300 common lab tests. The data, including normal values is derived from The Manual of Laboratory & Diagnostic Tests by Pagana. For example, the document for Hematocrit is:

## **Hematocrit**

This is the percentage of the total blood volume that is made up of the red blood cells. This is a test in which the blood is put into a small tube and then into a centrifuge that spins it to separate the red blood cells from the other portion of the blood. It will allow your caregiver to compare the percentage of red blood cells to the whole blood product. The hematocrit will be decreased in different types of anemia.

### **PREPARATION FOR TEST:**

No preparation or fasting is necessary.

### **NORMAL FINDINGS:**

- Male: 42%-52% or 0.42-0.52 volume fraction (SI units)
- Female: 37%-47% or 0.37-0.47 volume fraction (SI units)
- Pregnant female: greater than 33%
- Elderly: values may be slightly decreased
- Children (%)
  - Newborn: 44 to 64
  - 2-8 weeks: 39-59
  - 2-6 months: 35-50
  - 6 months – 1 year: 29-43
  - 1-6 years: 30-40
  - 6-18 years: 32-44

***Possible critical values: less than 15% or greater than 60%***

**YOUR FINDINGS** \_\_\_\_\_.

### **MEANING OF TEST**

Your caregiver will go over your test results with you and discuss the importance of this test. Reference values are dependent on many factors, including patient age, gender, sample population, and testing method. Numeric test results have different meanings in different labs. Your lab report should include the specific reference range for your test.

### **OBTAINING THE TEST RESULTS**

- Make sure you receive the results of your test. Ask as to how these results are to be obtained if you have not been informed. It is your responsibility to obtain your test results.
- Your caregiver will provide further instructions or treatment options if necessary.

**FOR MORE INFORMATION, VISIT:** [www.LabTestsOnLine.org](http://www.LabTestsOnLine.org)

For more information on ExitCare®, please contact at [www.ExitCare.com](http://www.ExitCare.com) or (800) 694-6669.