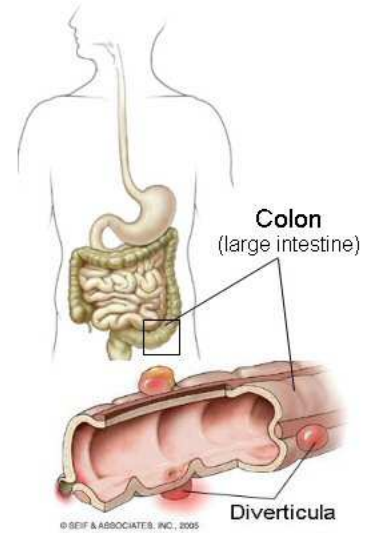


Diverticulitis

Small pockets or "bubbles" can develop in the wall of the intestine. Diverticulitis is when those pockets become infected and inflamed. This causes stomach pain (usually on the left side).

HOME CARE

- Only take medicine as told by your doctor. Take your medicine as told. Finish them even if you start to feel better.
- For 24 to 48 hours, drink only clear liquids, such as:
 - Water.
 - Fruit juices with no pulp.
 - Clear broth.
 - Frozen ice pops.
- Drink enough fluids to keep your pee (*urine*) clear or pale yellow.
- Eat more fiber (whole grains, fruits, and vegetables). Eat a little more each day as you feel better.
- Go to the bathroom when you have the urge to go.
- Avoid using medicine that makes you go poop (*laxatives*).



GET HELP RIGHT AWAY IF:

- You do not get better after taking medicine for 2 days.
- You notice bright red blood in your poop (*stool*).
- You develop very bad belly (*abdominal*) pain.
- You have a temperature by mouth above 102° F (38.9° C), not controlled by medicine.
- You cannot poop or have dry, hard poops (*constipation*).
- You keep throwing up (*vomiting*).

MAKE SURE YOU:

- Understand these instructions.
- Will watch your condition.
- Will get help right away if you are not doing well or get worse.

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