



Title List Changes/Modifications December 2008

The number of ExitCare documents has increased by 30 new English titles and 38 new Spanish titles this Quarter. We will continue to add titles to all of our languages. Based on our extensive editorial review guidelines, our documents continue to be reviewed by physicians who are specialists in their fields, by Medical Risk Management experts, and by experts in technical writing to make our documents as medically complete and as easily understood as possible. The end result of this review process are documents listed below which reflect a variety of revisions that were undertaken. This process is ongoing and will continue throughout each quarterly release. If you would like more detail on the revisions listed below, please contact John Kroger at johnk@exitcare.com.

Look for new languages in the coming months including French-Canadian and Korean as well as a completely new category of "Easy-to-Read" documents.

COMPLETE REWRITES

Asperger Syndrome

Autism

Decubitus Ulcers (Bedsore, Pressure Sores)

Pervasive Developmental Disorders

Spina Bifida

Transverse Myelitis

REVIEWED AND REVISED ENGLISH TITLES (267 Documents)

AIDS Serology, Newly Diagnosed

AIDS Treatment, HAART

Abscess, Perineal

Acetic Acid Otic Solution Use, Ear

Achilles Tendinitis

Addiction and the Family

Adenoidectomy, Care After Surgery, Child

Adenoidectomy, Information Before and After Surgery, Pediatric

Adenoidectomy, Information, Care after Surgery

Adenovirus

Adjustment Disorder

Alcohol Screening in Pregnancy

Amputation

Ankle Fracture

Anorexia

Aortic Insufficiency

Aortic Stenosis

Aphasia

Appendectomy, Care Before and After Surgery

Appendectomy, Child, Care After Surgery

Appendectomy, Child, Care Before and After Surgery

Appendectomy, Laparoscopic

Appendectomy, Laparoscopic, Care After Surgery

Asperger Syndrome

Asthma, Acute Bronchospasm

Autism

B.R.A.T. Diet, Adults

BMI for Children and Teens

Bariatric Diet

Barium Enema Preparation

Bartholin's Cyst and Abscess-Brief

Bartholin's Cyst or Abscess

Birth - Mom, Home Care Instructions

Birth Control Choices

Blepharospasm

Bloating

Brain Tumors, General Information

Breast Biopsy Procedure

Breast Biopsy Procedure, Care After Surgery

Breast Cancer, Early Stage, Surgery Choices

Breast Cancer, What You Should Know

Contusion, Elbow, Bruised Elbow

Contusion, Hand

Breast Reconstruction (with Implant or Tissue Expander Insertion), Care After Surgery	Coumadin Coagulopathy
Breast Self-Examination - Brief	Cystometry
Bulimia	Dehydration, Infants and Children
Burch Procedure for Stress Incontinence	Depression, Adolescent and Adult
Burch Procedure for Stress Incontinence, Care After Surgery	Deviated Septum
Bursitis, Olecranon	Diabetes, Feeding Your Child
CABG (Coronary Artery Bypass Grafting)	Diabetic Ketoacidosis
CPR for Infants and Children	Diabetic Meal Planning Guide
Camphylobacter Jejuni, Food Poisoning	Dialysis (AV) Shunt, Malfunction
Campylobacter Infections	Diet & IBS (Irritable Bowel Syndrome)
Care of a Tracheostomy Tube	Diet - 1200 Calorie Diabetic
Carpal Tunnel Release	Diet - 1500 Calorie Diabetic
Carpal Tunnel Release (Repair), Care After Surgery	Diet - 1800 Calorie Diabetic
Carpal Tunnel Surgery	Diet - 2000 Calorie Diabetic
Carpal Tunnel Syndrome	Diet - 2400 Calorie Diabetic
Carpal Tunnel Syndrome Fact Sheet	Diet - Full Liquid
Carpal Tunnel Syndrome-Brief	Diet - High Protein
Celiac Disease Tests	Diet - Iron Rich
Cerebral Aneurysm	Diet - Low-Cholesterol Guidelines
Chest Pain, Child	Diet - Serving Sizes
Chest Tube	Diet - Sodium-Controlled
Child Abuse	Dilantin Toxicity
Chlamydia, Females and Males	Dislocation, General
Chlamydial Infection in Women	Domestic Abuse
Cholecystectomy, Adult, Care After Surgery	Domestic Violence, if You are the Victim of
Cholecystectomy, Open (Removal of Gallbladder)	Dosage Chart - Children's Ibuprofen Suspension
Cholelithiasis	Dosage Chart - Children's Tylenol
Chronic Asthmatic Bronchitis	Down Syndrome
Chronic Inflammatory Demyelinating Polyneuropathy (CIDP)	Drug Reaction, GI Intolerance
Chronic Pain	Ear - Barotrauma
Clostridium Perfringens, Food Poisoning	Ebola Fever
Coffin Lowry	Elbow, Arthroscopy
Colon Mass, Adult	Elbow, Arthroscopy, Care After Surgery
Colon Mass, Pediatric	Endometritis
Coma and Persistent Vegetative State	Enterovirus Infections, Non-Polio
Compulsive Gambling, Pathologic Gambling	Esophageal Foreign Body, Removal in Child
Concussion and Brain Injury, Child	Esophageal Obstruction, Child
Congestive Heart Failure	Esophagitis (Heartburn) - Brief
Conjunctival Foreign Body	FAQ's about Methadone
Constipation In Children - Brief	Fetal Death Syndrome
Constipation in Adults	Fever, Child
Constipation - Brief	Fever, Child (with Dosage Charts)
Contusion (Bruise) of Foot	Fibrocystic Breast Disease
	Form - Daily Weight Record
	Fussy Babies and Children
	Gallbladder Surgery, After Care and Homecare
Gastric Banding Surgery, Care After Surgery	
Gastric Bypass Surgery, Care After Surgery	Meckel Diverticulum
General Anesthetic, Adult, Instructions Following	Mediastinoscopy
General Anesthetic, Instructions Before, Child	Meningococcal Disease (Meningitis)
Glomerulonephritis	Mole Excision
	Morning Sickness

HELLP Syndrome
Hand, Foot, & Mouth Disease
Head Injuries, Child
Heart Valve Problems, General Information
Hematoma
Hemovac, Home Care
Heparin Q & A
Hepatic Encephalopathy
Hernia
Hernia, Surgical Repair
Hernia, Surgical Repair, Care After Surgery
High Altitude Sickness (Pulmonary, Cerebral Edema)
Hip Pointer, Iliac Crest Contusion
Hypertonia Disease
Infertility
Knee Arthrocentesis
Knee Fracture, Adult
Knee Fracture, Child
Knee Injection
Knee Sprain
Laceration Care, Child
Laceration, After Care
Lacerations, Multiple
Lactose Intolerance, Children
Laparoscopic Bowel Resection
Laparoscopic Bowel Resection, Care After Surgery
Laparoscopic Removal of Gallbladder with Possible
Common Duct Exploration
Laparoscopic Removal of Gallbladder
(Cholecystectomy, Laparoscopic), Care After
Surgery
Laparoscopic Splenectomy, Care After
Laparoscopic Splenectomy
Laparoscopy, Diagnostic
Laparotomy, Care After Procedure
Lumbar Fracture
Lumpectomy, Care After
Lung Resection, Pulmonary Surgery
Malnutrition
Marijuana Abuse-Brief
Mastectomy With or Without Reconstruction, Care
After Surgery
Mastoiditis

Salter-Harris Fractures, Lower Extremities
Salter-Harris Fractures, Upper Extremities
Scrotal Hematoma
Seafood Allergy and Adverse Reactions to Seafood
Secondary Amenorrhea
Sedation or Anesthesia, Aftercare, Child
Sedation, Procedural, Adult

Myalgia, Pediatric
NSAIDs and Peptic Ulcers
Nephrectomy, (Removal of a Kidney), Care After
Surgery
Neurogenic Bladder, Nerve Disease and Bladder
Control
Newborn Rashes
Nissen Fundoplication, Care After Surgery
ORIF, Open Reduction, Internal Fixation, Generic
Obesity
Obesity, Children, Parental Recommendations
Pediatric IV's
Pediatric NG Tube
Pediatric Phlebotomy
Pelvic Mass
Pervasive Developmental Disorders
Post Surgical Bleeding
Postpartum Depression
Pregnancy - Amniocentesis
Pregnancy - Ectopic
Pregnancy - First Trimester
Pregnancy - Hypertension
Pregnancy - Rh Problems
Pregnancy - Second Trimester
Pregnancy - Third Trimester
Pregnancy, Smoking During
Pregnant Women, Guidelines for Vaccination &
Immunization
Prenatal Care
Pterygium Excision
Ptosis Surgery (Surgery to Repair a Droopy Upper
Eyelid)
Pulmonary Embolus
Pyelonephritis, Child
Quadriceps Contusion
Radial Head Fractures
Renal Biopsy, Kidney
Retropharyngeal Abscess
RhoGam
Rickets
Rotavirus, Viral Gastroenteritis, Infants & Children
SIDS - Sleeping Positions
SUNCT Headache Information
Safer Sex

Thyroidectomy (Thyroid Removal)
Thyroidectomy (Thyroid Removal), Care After Surgery
Tongue Laceration
Tonsillectomy, Aftercare, Adult
Tonsillectomy, Aftercare, Child
Tonsillectomy, Information Before & After
Tonsillectomy, Information Before and After, Care

Sedation, Procedural, Child
Sexuality and Disability
Sexually Transmitted Disease
Sexually Transmitted Diseases (Std) in Pregnancy
Sinusitis, Child
Social Anxiety Disorder
Spermicides (Birth Control)
Stasis Dermatitis, Varicose Eczema
Steri-Strip Removal
Suicidal Feelings - How to Help Yourself
Surgical Instructions, Generic
Suture Removal
Syphilis, Females and Males
TRAM - Breast Reconstruction, Care After Surgery
Tendon Repair
Thoracic Aortic Aneurysm
Thyroid Biopsy

After Surgery
Tooth Fracture
Transvaginal Ultrasound, Endovaginal Ultrasound
Transverse Process Fracture
Trichomonas
Umbilical Granuloma
Urodynamic Testing
Uterine Bleeding, Dysfunctional
Vaginal Bleeding During Pregnancy, Third Trimester
Viral Syndrome
Vulvectomy, Care After Surgery
Wilms' Tumor
Wound Re-Check with Infection
Wound, Avulsion, Deep
Wrist Splint
Wrist, Arthroscopy
Yellow Fever

NEW ENGLISH TITLES (30 Documents)

Adamsite Exposure (Diphenylaminechlorasine or DM)
Anemia of the Newborn
Anemia of Prematurity
Anterior and Posterior Decompressions with Fusions
Balanitis, Infant
Circumcision, Adult Male
Constitutional Growth Delay
Contraceptives, Hormonal
Diabetes and Your Kidney
Diabetic Eye Disease
Developmental Dysplasia of the Hip
Dyspareunia, Painful Intercourse
Exercise Induced Asthma, Pediatric
Food Guide Pyramid
Genu Valgum
Hip Arthroscopy, Care After

Hypospadias
Labial Adhesions, Pediatric
Lithotripsy, Care After
Liver Transplantation, What I Need to Know
Lobectomy, Thyroid, Adult
Multiple Traumas
Myelomeningocele
Perianal Dermatitis
Pregnant Women, Guidelines for Vaccination & Immunization
Seizure Disorder, Child, Generalized Tonic-Clonic
Therapy After Stroke
Tunneled Catheter Insertion and Removal
Varicose Vein Surgery
Viral Encephalitis

NEW SPANISH TITLES (38 Documents)

ACT, Brief Version
Adenovirus
Appendectomy, Adult, Care Before and After Surgery
Appendectomy, Laparoscopic
Appendectomy, Laparoscopic, Care After Surgery
Blepharospasm

Breast Reconstruction (with Implant or Tissue Expander Insertion), Care After Surgery
Constipation in Adults
Diabetes, Exercise and
Dysuria (Pain with Urination)
Gastric Banding Surgery, Care After Surgery

Gastric Bypass Surgery, Care After Surgery
Hydronephrosis
Infertility
Nausea & Vomiting
Viral Gastroenteritis
Well Child Care - 1 Month Old
Well Child Care - 10 Years Old
Well Child Care - 11-14 Years Old
Well Child Care - 12 Months Old
Well Child Care - 15-17 Years Old
Well Child Care - 18 Months Old
Well Child Care - 18-21 Years Old
Well Child Care - 2 Months Old
Well Child Care - 24 Months Old

Well Child Care - 3 Year Old
Well Child Care - 3 to 5 Days Old
Well Child Care - 30 Months Old
Well Child Care - 4 Months Old
Well Child Care - 4 Years Old
Well Child Care - 5 Years Old
Well Child Care - 6 Months Old
Well Child Care - 6 Years Old
Well Child Care - 7 Years Old
Well Child Care - 8 Years Old
Well Child Care - 9 Months Old
Well Child Care - 9 Years Old
Well Child Care - Newborn