



Patient Information System

Title List Changes/Modifications March 2009

The number of ExitCare documents has increased by 37 new English titles, 54 new Spanish titles and 242 new French Canadian titles this Quarter. We will continue to add titles to all of our languages. Based on our extensive editorial review guidelines, our documents continue to be reviewed by physicians who are specialists in their fields, by Medical Risk Management experts, and by experts in technical writing to make our documents as medically complete and as easily understood as possible. The end result of this review process are documents listed below which reflect a variety of revisions that were undertaken. This process is ongoing and will continue throughout each quarterly release. If you would like more detail on the revisions listed below, please contact John Kroger at johnk@exitcare.com.

Look for new languages in the coming months including Korean.

NEW ENGLISH TITLES (37 Documents)

APGAR Score	Macular Degeneration, Age-Related
Adult Hodgkin Lymphoma	Metabolic Syndrome - Adult
Aortic Dissection	Nail Bed Laceration, Complex
Astigmatism	Nausea & Vomiting, Care After Surgery
Bowel Resection	Penile Prosthesis
Chest Physical Therapy	Peripheral Nerve Blocks
Constipation in Infants	Pica in Children
Cough, Child	Pregnancy, LOVENOX Use
Cranial Ultrasound, Newborn	Primary Herpetic Gingivostomatitis
Death & Dying, Advance Directives	Retinopathy of Prematurity
Diet - Galactosemia	Seizure Disorder, Child, Absence
Diet - Nutrition for the New Mother	Short Stature
Epidural Steroid Injection	Soft Diet
Green Light Laser Prostate Treatment	Soft Tissue Injury of the Neck
Group B Strep Infection, Newborn	Strabismus
Group B Strep in Pregnancy	Transient Synovitis of the Hip
Instructions Following General Anesthetic, Adult	Transient Tachypnea of the Newborn (TTN)
Intermittent Explosive Disorder	Upper Respiratory Infection (URI), Infant
Lymphangitis, Pediatric	

NEW SPANISH TITLES (54 Documents)

Abdominal Pain Extended Version
Alcohol Problems
Alcohol, FAQ & Answers
Antibiotics, How we Use Them
Aortic Insufficiency
Asthma, Adult, Extended Version
Bacterial Vaginosis (BV)
Biliary Colic
Bronchospasm, Adult
Cholecystectomy, Adult, Care After Surgery
Chronic Asthmatic Bronchitis
Conjunctival Foreign Body
Contusion (Bruise) of Foot
Coumadin Coagulopathy
Deep Vein Thrombosis
Diabetic Meal Planning Guide
Fetal Movement Counts
Fingertip Injuries and Amputations
Flank Pain
Groin Strain
Hematoma
Hernia, Surgical Repair, Care After Surgery
Home Safety and Preventing Falls
Hypertension Information
Indermil Tissue Adhesive
Influenza Facts
Knee Effusion

Knee Immobilization
Labor Induction
Lactose Intolerance, Children
Medication Refill, Emergency Department
Metered Dose Inhaler with Spacer
MRSA - Outpatient
Myalgia, Adult
Otagia, Ear Pain
Pain Management, Chronic
Pain, Neuropathic, Painful Neuropathy
Premature Labor
Premature Rupture of Membranes
Priapism, Management and Therapy Of Sickle Cell Disease
Radial Fracture
Renal Failure, Kidney Failure
Renal Insufficiency, End Stage Renal Disease
Rickets
Sling Use After Injury or Surgery
Small Bowel Obstruction
Sudden Infant Death Syndrome
Thoracic Strain
Tooth Injuries
Ulnar Fracture
Wound Check
Wound Re-Check with Infection
Wrist Splint

NEW CANADIAN FRENCH TITLES (242 Documents)

Abdominal Pain
Abdominal Pain Extended Version
Abdominal Pain In Pregnancy
Abdominal Pain, Child
Abnormal Vaginal Bleeding-Brief
Abscess (Boil, Furuncle)
Abscess-Boil, Care After Surgery
Abscessed Tooth
Ace Wrap (Elastic Bandage)
Ace Wraps and RICE
Acute Bronchitis-Brief
Alcohol and Drug Addiction, Finding Treatment
Alcohol Intoxication, Acute
Alcohol Intoxication-Brief
Anaphylactic Reaction
Ankle Fracture
Ankle Sprain
Anxiety and Panic Attacks
Asthma, Childhood
Asthma, F.L.A.R.E.
Athlete's Foot

Atrial Fibrillation
Avulsion Fracture
B.R.A.T. Diet, Brief
B.R.A.T. Diet, Children
Back Exercises
Back Injury Prevention
Back Pain
Back Pain - Chronic
Back Pain & Injury
Back, Compression Fracture
Bacterial Vaginosis (BV)
Bacterial Vaginosis-Brief
Bee, Wasp, or Hornet Sting
Bell's Palsy
Bell's Palsy, Brief
Biliary Colic
Bite - Animal
Bite - Cat
Bite - Dog
Bite - Insect
Boxer's Fracture

Bronchiolitis
 Bronchiolitis-Brief
 Bronchitis
 Bronchospasm Childhood
 Bronchospasm, Adult
 Bruise (Contusion, Hematoma)
 Bruised Ribs
 Burn Care Instructions
 Burn Care-Brief
 Bursitis
 Calcaneal Fracture
 Candidiasis, Fungal Infections, Ringworm, Yeast Infections
 Carbon Monoxide Poisoning
 Cardiac Arrhythmia (Irregular Heart Rate)
 Cast or Splint Care at Home
 Cellulitis
 Cerebrovascular Accident (Stroke)-Brief
 Cerumen Impaction
 Chalasia, Infant
 Chest Pain - Nonspecific, Brief
 Chest Pain (Non-Cardiac)
 Chest Pain (Non-Specific)
 Chest Wall Pain
 Chest Wall Pain-Brief
 Chickenpox (Varicella)
 Cholecystectomy, Adult, Care After Surgery
 Cholelithiasis
 Chronic Asthmatic Bronchitis
 Chronic Pain
 Clear Liquid Diet-Brief
 Clostridium Difficile Diarrhea, (CDD)
 Cocaine Abuse-Brief
 Cold Therapy
 Colectomy, Care After Surgery
 Colic
 Colitis
 Colles Fracture
 Colonoscopy
 Colonoscopy, Care After Surgery
 Confusion
 Congestive Heart Failure-Brief
 Conjunctivitis, Chemical
 Conjunctivitis-Brief
 Constipation in Adults
 Constipation in Children over One Year of Age
 Constipation In Children-Brief
 Contusion (Bruise) of Foot
 Contusion, Chest
 Contusion, Hand
 Contusions
 Costochondritis
 Costochondritis-Brief
 Cough, Generic
 Cough, Viral
 Cough-Brief
 Coumadin, Q & A's
 Croup
 Croup-Brief
 Crutches, Use of
 Cyst
 Deep Vein Thrombosis
 Dehydration, Elderly
 Dementia
 Dental Abscess
 Dental Caries (Tooth Decay)
 Dental Caries-Brief
 Depression, Adolescent and Adult
 Depression-Brief
 Dermatitis, Contact
 Diabetes - Seven Principles of Caring for Your Diabetes for Life
 Diabetes, Adult, Type II
 Diabetes, Complications of
 Diabetes, FAQ's
 Diabetes, Taking Care of Yourself
 Diabetic Meal Planning Guide
 Diaper Rash (Dermatitis)
 Diarrhea in Children and Infants
 Diarrhea-Brief
 Diet - 1200 Calorie Diabetic
 Diet - 1500 Calorie Diabetic
 Diet - 1800 Calorie Diabetic
 Diet - 2 Gram Low Sodium
 Diet - 2000 Calorie Diabetic
 Diet - Bland
 Diet - Clear Liquid
 Diet - Diabetic Exchange Diet
 Diet - Foods Rich in Potassium
 Diet - High-Fiber
 Diet - Low-Fat, Low-Saturated-Fat, Low-Cholesterol Diets
 Diet - Low-Fiber and Residue Restricted
 Diplopia, Double Vision
 Discharge Against Medical Advice
 Dizziness
 Dosage Chart - Children's Ibuprofen Suspension
 Drug Abuse, FAQ's
 Drug Allergy
 Drug Overdose, Intentional
 Drug Reaction, Allergic Reaction to Medication
 Dysmenorrhea
 Dysphagia (Swallowing Problems)
 Dyspnea

Ear - Foreign Body in
Ear - Middle, Infection (Otitis Media), Adult
Ear - Middle, Infection (Otitis Media), Child
Ear - Swimmer's (Otitis Externa)
Elbow - Nursemaid's
Elbow Fracture, Simple
Elbow Injury
Endometriosis
Epidural Blood Patching (EBP) in Spinal Headache
Epilepsy
Erysipelas
Esophagitis (Heartburn)-Brief
Eye - Corneal Abrasion
Eye Drops, Use of
Eye Injury-Brief
Falls and Hip Fractures Among Older Adults
Falls, Seniors, Facts
Febrile Seizure-Brief
Fecal Impaction
Fever - Child, Brief
Fever in Adults
Fever, Child
Fever, Child (with Dosage Charts)
Fingertip Injuries and Amputations
Flank Pain
Flu (Influenza), Patient Info and Guidelines
Folliculitis
Food Allergies
Foreign Bodies, Swallowed, Child
Foreign Bodies-Brief
Fractured Finger-Brief
Fractured Foot-Brief
Fractured Wrist-Brief
Gallbladder Disease-Brief
Gastritis-Brief
Gastroenteritis (Vomiting, Diarrhea & Dehydration)
Gastroesophageal Reflux Disease (GERD)
Gastroparesis and Diabetes
Gingivitis
Hay Fever
Head Injuries, Adult
Headache-Brief
Heat Therapy-Brief
Hematemesis
Hematuria (Blood in the Urine), Adult
Hematuria-Brief
Hernia
Hernia (Inguinal), Child
Hip Injury
Home Safety and Preventing Falls
Hyperglycemia (High Blood Sugar)
Hyperglycemia-Brief

Hypertension
Hypertension Information
Hyperventilation
Hypokalemia-Brief
Hypomagnesemia
Hyponatremia
Hypotension
Hysterectomy, Abdominal & Vaginal, After Surgery Care
Impetigo
Incomplete Miscarriage
Influenza Facts
Influenza, Adult
Influenza, Child
Insomnia
Intestinal Obstruction
Irritable Bowel Syndrome-Brief
Knee Immobilizer-Brief
Knee Problems, Q & A's
Knee Replacement, Care After Surgery
Knee Wraps (ACE Bandage) and Rice Laceration Care
Lacerations on the Face
Leg Cramps
LOVENOX, Enoxaparin Sodium, Home Use Medication Refill, Emergency Department
Metered Dose Inhaler with Spacer
Migraine Headache-Brief
Miscarriage-Brief
Mononucleosis, Infectious
Motor Vehicle Collision (MVC)
Neck Injury, Home Care After
Pain Medications, Generic Instructions For Pharyngitis (Viral and Bacterial)
Pleurisy
Pneumonia
Pneumonia, Pediatric
Pregnancy
Pregnancy - First Trimester
Pregnancy - Second Trimester
Pregnancy - Third Trimester
Shortness of Breath
Sinusitis
Syncope (Fainting Episode)
Urethritis
Urinary Tract Infection, Care of
Uterine Bleeding, Dysfunctional
Viral Infections

REVIEWED AND REVISED ENGLISH TITLES (579 Documents)

Abdominal Aortic Aneurysm
Abdominal Pain In Pregnancy
Abscess-Boil, Care After Surgery
Achilles Tendon Repair, Care After Surgery
Achilles Tendon Rupture (Complete), Care After Surgery
Acoustic Neuroma, Care After Surgery
Adenoidectomy, Care After Surgery, Child
Adenoidectomy, Information Before and After Surgery, Pediatric
Adenoidectomy, Information, Care after Surgery
Alcohol Intoxication-Brief
Alexander Disease
Allergic Reaction, Localized, Insect
Allergy Testing for Children
Alpers' Disease
Alternating Hemiplegia
Alzheimer's Disease
Alzheimer's Disease (AD), Diagnosis
Alzheimer's Disease (AD), Inheritance Facts, A Resource Guide
Amebiasis
Ammonia, FAQ's
Amnesic Shellfish Poisoning
Amphetamine Abuse-Brief
Amyotrophic Lateral Sclerosis (ALS)
Analgesic Nephropathy
Anemia - Nonspecific-Brief
Anterior Cervical Fusion with Halo, Care After Surgery
Anterior Cervical Fusion, Care After Surgery
Anterior Cruciate Ligament (ACL) Repair, Care after Surgery
Aortic Aneurysm, Care After Surgery
Aortic Insufficiency
Aortic Stenosis
Appendectomy, Care Before and After Surgery
BSO, Bilateral Salpingo-Oophorectomy
BSO, Bilateral Salpingo-Oophorectomy, Care After Surgery
Bacillus Cereus, Food Poisoning
Back, Fusion-Procedure, Care After Surgery
Bariatric Surgery, Care After Surgery
Bariatric Surgery, Gastrointestinal Surgery for Severe Obesity, Care After Surgery
Bennett's Fracture (Displaced), Care After Surgery
Bimalleolar Fracture, Ankle, Adult, Displaced (ORIF), Care After Surgery
Biopsy Procedure, Care After
Bone Bruise, Osteochondral Lesions, Occult Trabecular Microfracture
Boxer's Fracture
Bradycardia
Breast Biopsy Procedure, Care After Surgery
Breast Biopsy, X-ray Guided (Stereotactic)
Breast Biopsy, X-ray Guided (Stereotactic), Care After Surgery
Bronchiectasis
Bunion Care, Care After Surgery
Bunionectomy
Burch Procedure for Stress Incontinence
Burch Procedure for Stress Incontinence, Care After Surgery
Burners or Stingers, Brachial Plexus Stretch Injury
Bursitis, Olecranon
CABG (Coronary Artery Bypass Grafting), Care After Surgery
Camphylobacter Jejuni, Food Poisoning
Cancer of the Colon, Treatment by Resection, Care After Surgery
Candida and Breastfeeding
Canker Sores
Cardiac Arrhythmia (Irregular Heart Rate)
Cardiomyopathy, Heart Muscle Problems
Cardioverter Defibrillator Implantation
Carotid Angiography with Stenting, Care After Procedure
Carotid Stenosis and Carotid Endarterectomy, Care After Surgery
Carpal Tunnel Release (Repair), Care After Surgery
Carpal Tunnel Surgery
Chest Pain (Non-Cardiac)
Chest Pain (Non-Specific)
Chest Tube
Clavicle Fracture, Neonate, After Delivery
Clostridium Perfringens, Food Poisoning
Colectomy (Colon, Removal of) Care Before and After Surgery
Colectomy, Care After Surgery
Collagen Implant, Care After Surgery
Colles Fracture
Colon Mass, Adult
Colon Mass, Pediatric
Colostomy Reversal, Care After Surgery
Conization of the Cervix, Care After Surgery
Conjunctival Foreign Body
Constipation In Children-Brief
Constipation in Adults
Contraceptive Devices (IUD's)

Contusion (Bruise) of Foot
 Contusion, Elbow, Bruised Elbow
 Corneal Transplant, Care After Surgery
 Coronary Artery Disease Treatment with Stent,
 Care after Placement
 Craniotomy, Care After Surgery
 Cuneiform Fracture (Simple)
 Curled Fifth Toe, Care After Surgery
 Cystectomy or Partial Cystectomy, Care After
 Surgery
 Cystocele Repair, Care After Surgery
 Diet - Lactose-Free
 Diet - Serving Sizes
 Diet - Sodium-Controlled
 Diskus, How To Use, Easy-to-Read
 Dislocation, General
 Distal Humerus Fractures, Supracondylar Fractures,
 Children
 Diverticulosis and Diverticulitis, Including Pre &
 Post Surgical Guidelines
 Ear - Barotrauma
 Ectropian Repair (Repair of an Outward Turned
 Eyelid), Care After Surgery
 Elbow Fracture with Open Reduction and Internal
 Fixation (ORIF)
 Elbow Fracture with Open Reduction and Internal
 Fixation (ORIF), Care After Surgery
 Elbow, Arthroscopy, Care After Surgery
 Endometrial Ablation
 Entropion Repair (Repair of an Inward Turned
 Eyelid), Care After Surgery
 Esophagitis (Heartburn)-Brief
 Eye - Fracture, Orbital (Blow Out), Care After
 Surgery
 Fetal Death Syndrome
 Fibular Fracture, Child
 Fingernail or Toenail Loss
 Fingertip Injuries and Amputations
 Food Poisoning, Bacterial, Prevention & Treatment
 Food Poisoning, Generic
 Gallbladder Surgery, After Care and Homecare
 Gamekeeper's, Skier's Thumb, Surgical Repair,
 Care After Surgery
 Gamekeeper's, Skier's Thumb, Surgical Repair
 Grain Fever
 Greenstick Fracture, Child
 Groin Strain
 Hematoma
 Henoch-Schoenlein Purpura
 Hepatic Encephalopathy
 Hernia, Care After Surgery, Child
 Hernia, Inguinal, Adult, Care After Surgery
 Hernia, Inguinal, Child, Care After Surgery
 Hernia, Surgical Repair, Care After Surgery
 Herpetic Whitlow
 Hip Arthroscopy
 Hip Arthroscopy, Care After
 Hip Dislocation (Artificial), Care After Surgery
 Hip Hemiarthroplasty
 Hip Replacement, Total, Care After Surgery
 Humerus (Upper Arm) Fracture, Treated with Open
 Reduction (Surgery), Care After Surgery
 Implanted Port Instructions, Care After Placement
 Insect Bite or Sting, Infected
 Intermittent Explosive Disorder
 Jaw Contusion, Mandibular Contusion
 Keratoconjunctivitis Sicca
 Knee - Arthroscopic Procedure, Care After Surgery
 Knee - Meniscus Injury, Arthroscopy, Care After
 Surgery
 Knee Effusion
 Knee Fracture, Adult
 Knee Fracture, Child
 Knee Injection
 Knee Problems, Q & A's
 Knee Replacement, Care After Surgery
 Knee, Cartilage In, What Is It For
 LEEP (Loop Electrosurgical Excision Procedure)
 Laceration Care, Child
 Lacerations, Multiple
 Lactose Intolerance, Children
 Laminectomy - Laminotomy - Discectomy, Care
 After Surgery
 Laparoscopic Bowel Resection, Care After Surgery
 Laparoscopic Hysterectomy
 Laparoscopic Removal of Gallbladder with Possible
 Common Duct Exploration
 Laparoscopic Removal of
 Gallbladder(Cholecystectomy, Laparoscopic),
 Care After Surgery
 Laparoscopic Splenectomy, Care After
 Laparotomy, Care After Procedure
 Listeria, Food Poisoning
 Liver Biopsy
 Liver Biopsy, Care After Procedure
 Lumbar Discectomy, Care after Surgery
 Lumbar Laminectomy, Care After Surgery
 Lumpectomy
 Lumpectomy, Care After
 Lung Resection, Pulmonary Surgery
 Lung Resection, Pulmonary Surgery, Care After
 Surgery
 Medial Collateral Ligament Injury, Requiring
 Surgery, Care After

Mediastinoscopy, Care After Surgery
Mouth Injury, Generic
Multiple Traumas
Muscle Biopsy, Care After Surgery
Myalgia, Adult
Myalgia, Pediatric
Myomectomy
Navicular Fracture, Wrist
Neck Injury, Fracture
Needle Biopsy of Lung, Aftercare
Nephrectomy, (Removal of a Kidney), Care After Surgery
Nissen Fundoplication, Care After Surgery
ORIF, Open Reduction, Internal Fixation, Generic
Obesity
Orchiectomy, Care After Surgery, Child
Orchiectomy, Removal of the Testicles
Osteoporosis and Fractures, Prevention of
Otalgia, Ear Pain
Ovarian Cystectomy
Pacemaker, Battery Change
Pancreatic Cancer
Paracentesis
Parotitis
Parvovirus Infection in Pregnancy
Pelvic Pain in Women, Generic
Percutaneous Nephrostomy, Care After Surgery
Peripheral Arterial Disease of the Legs, Care After Surgery
Pilonidal Cyst, Care After Surgery
Pneumocystis Carinii Pneumonia
Pregnancy - Amniocentesis
Pregnancy - Ectopic
Priapism, Management and Therapy Of Sickle Cell Disease
Primary Herpetic Gingivostomatitis
Prostate Problems
Prostatectomy, Laparoscopic, Care After Surgery
Pseudogout
Pyelonephritis, Child
Radial Head Fractures
Radial Nerve Palsy
Rectal Trauma or Injury
Repetitive Strain Injuries & Repetitive Trauma Disorders
Retinal Detachment, Care after Treatment
Retinopathy of Prematurity
Rheumatic Fever
Rotator Cuff Tendinitis (Tendonitis, Tenosynovitis)
Sarcoidosis, Schaumann's Disease, Sarcoid of Boeck
Sedation or Anesthesia, Aftercare, Adult
Seizure Disorder, Child, Absence
Sepsis, Infant & Child
Septoplasty with Reduction of Inferior Turbinates, Care After Surgery
Septoplasty with or without Reduction of Inferior Turbinates
Shoulder Immobilizer
Shoulder Joint Replacement
Shoulder Joint Replacement, Care After Surgery
Sickle Cell Anemia
Sinusitis, Child
Sling Use, Shoulder, After Stroke
Soft Tissue Injury of the Neck
Sternal Fractures
Straddle Injuries
Streptococcal (Pneumococcal) Pneumonia
Stress Fracture
Tarsal Navicular Fracture, Foot (Simple)
Thoracoscopy, Care After Surgery
Thyroid Plasty, Chondrolaryngoplasty, Care After Surgery
Thyroidectomy (Thyroid Removal), Care After Surgery
Tibial Fracture, Ankle, Adult, Displaced (ORIF), Care after Surgery
Tibial Plateau Fracture, Displaced (Adult) (Open Reduction), Care After Surgery
Toe Avulsion
Toe Injuries and Amputations

GRAPHICS ADDED TO

Angioplasty
Angioplasty, Care After Procedure
Aortic Dissection
Atherectomy
Cardioverter Defibrillator Implantation
Fibroids (Leiomyoma's)
Implantable Cardioverter Defibrillator (ICD)
Myomectomy
Pulmonary Angiography

DELETED TITLES

Diabetes Resources
Dietary Woes
Headache & Alcohol, NHF
Nasolacrimal Duct Obstruction, Infant
Pap Smear Classifications
Urethritis-Non-Field Versions